

Girls Schools Rugby Age Band Guidance

The competition structure of the RFUW aims to support all players and teams with clear guidelines to enable participation at all levels.

It was agreed last season that for the forthcoming 2008-2009 season the age-bands in schools would mirror those played in the club environment.

The following age-bands apply to schools, clubs and colleges playing girls rugby in England. Any breach of these age bands could lead to disciplinary action of coaches and clubs.

Age at 1st September of the year playing

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| U12 Schools– playing to continuum guidelines | Year 7 – can be mixed sex , but we encourage the playing of girls only rugby at this age group where possible |
| U15 | Aged 12,13 or 14 on the 1 st September 2008 (normally School Years 8, 9 and 10) – laws as shown in RFUW handbook |
| U18 | Aged 15,16 or 17 on the 1 st September 2008 (normally School Years 11, 12 and 13) – laws as shown in RFUW handbook |
| FE / HE Colleges. | Under 19- 3 year age band OR Under 20 - 3 year age band Both teams MUST be playing the same band. Laws as shown for U18 in RFUW Handbook |

All laws and regulations covering the RFUW age bands are available through the RFUW Hand book and through the Women's rugby section of www.rfu.com/women resources section.